



Life's Journey

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 Emily's Story



II Corinthians 1:3-4

"Blessed be the God and father of our Lord Jesus Christ, the father of all mercies and the God of all comfort; who comforts us in all our affliction with the comfort with which we ourselves are comforted by God."

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Welcome to... *Life's Journey*, a unique newsletter for those who are bereaving. Bereavement is a road no one would choose to travel, but we all eventually find ourselves in the bereaving process. *Life's Journey* exists as a source of hope, comfort, encouragement, and education for those experiencing the loss of a loved one.



Romans 8:18

"For I am convinced that the sufferings of this present time are not worthy to be compared with the Glory that is to be revealed to us."



Do you have a planned time for Bible reading? If so keep it up and be as diligent as you can in remaining consistent. Use a study guide or daily devotional to help you keep a fresh approach in your study times. If reading the Bible is

Perspective

Math, history, social studies, science, language, grammar, we all remember studying these courses over and over in kindergarten through twelfth grade. Why is that? Most likely because educators know that repetition and review prepare one's mind and readies it for the intake of new information. The retention of knowledge is what makes the difference between a good American citizen and a great American citizen. In comparison the study- review, study - review, of God's Word (from reading age until God calls one home) breeds Godliness. Consistent study of the Bible is what makes the difference between a good Christian and a great Christian.



II Timothy 2:15

"Study to shew thyself approved unto God, a workman that needeth not to be ashamed, rightly dividing



"You Can't Fight God and Win!"

Pastor Tom Hauser

Think About It

new to you, than you are about to go on a grand adventure, for the Bible is truly the Living Word of God. God uses His Word to communicate to His children. Just as God knows us better than anyone else who can ever know us, the Bible can speak to us like no other

book. If you are His child already, let the Word continue to challenge you to a life pleasing to Him. If you have not yet become a child of God, be ready for the Spirit of God to speak to you through His Word; for it is, *"The power of God unto salvation."*





Insights



The family of God comforts one another.

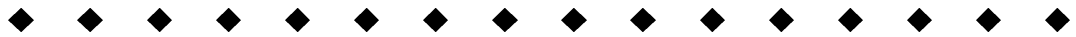


“Talk, hold hands, and enjoy life together. Thank God for your time together.”



Enjoy the weather and build a snowman with someone you love.

The loss of a loved one, especially that of a child puts a great strain on the whole family. This is a vital time for communication. If there is no planned family time this would be a good time to start such a tradition. Go on an outing, play a game, begin a family project etc. These are just some suggestions to get you started. This will allow you to interact with each other which will make life-lasting



Date Time Family Time

Date Time

Go on a fall/winter adventure. Find a place you have never been to before and go make it a purpose to bring home a remembrance of that place. My husband Dan and I like to find a different gift shop

memories. It will also help to bring an added closeness which will build the relationships within your family members.

If your family does not have the tradition of going to church regularly now is the time to start. “The Family of God,” is a great place to receive comfort and support, especially during the grieving process over the loss of a loved one. Find a church that teaches directly from the Bible. After all, if we want to receive God’s comfort we will need to understand what His Word says. If

you are new to the church ask to speak directly to the pastor and tell him of your loss. This will enable him to help you plug into the resources available in the church to help you in your grief recovery process. He will also have people begin to pray for you which brings a miraculous form of healing from our grief.

Communication is essential in your ability to recover from loss. As you express your feelings to those who care about you, you will begin to have a new outlook on your life’s journey.

each year to buy a collectible for a special shelf we have in our home called Ben’s shelf. It contains special items we have placed on it in Ben’s memory. Take time to share a meal together as you go on this adventure. Talk, hold hands, and enjoy life together. Thank God for your time together.

Family Time

Have a special *Family Day* where you go on the same

kind of adventure as described in the date time column. Children love to be a part of picking out special things for the home. Tell your kids you love them. Thank God for your day together.



Books To Read Song To Seek

Book To Read

***Recovering From the Losses of Life* by H. Norman Wright**

A very powerful book on grief. This book will walk you through; what we grieve over, why we grieve, how to grieve, when to grieve, and where to

grieve. A great source of comfort for anyone who is bereaving. (This book is included in our *Loss of a Child* bereavement package.)

Song To Seek

You ,Oh Lord, Are my Refuge

by Cheri Keaggy, from the album *Child of the Father*
© 1994 Sparrow Song
You, oh Lord are my refuge
You are holy and just
You are faithful and righteous
You, oh Lord are my refuge
By your mercy, you cover me
Chorus

**Under the shadow of your wings
Lord, in your presence I’ll remain
You are forever more the same
You are my refuge, my only refuge**

You, oh, Lord are my refuge
In you I find rest
You are my God and my fortress
You, oh, Lord are my refuge
By your mercy, you cover me
Chorus
**You, oh , Lord are my refuge
It is you I will trust
You’re my light in the darkness
You, oh , Lord are my refuge
By your mercy, you cover me**
Chorus
**You, oh Lord are my refuge
You are holy and just
You are faithful and righteous
You, oh Lord are my refuge
By your mercy, you cover me
You, oh Lord are my refuge
By your mercy, you cover me
Under the shadow
Under the shadow of your wings
Under the shadow, under the shadow
By your mercy, you cover me**

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Shine The Light

Benjamin
Ministries



Shining the Word
To the World

Bereavement packages

Bereavement packages are available in the followings varieties and are our *Gift* to you or your loved one.

Loss of a Loved One: Includes a framed scripture plaque, and a selection of grief recovery materials.

Loss of a Child: Includes a personalized memoriam plaque with your child's name, picture and remembrance dates and comes with with a selection of grief recovery materials. Please fill out enclosed order form and mail to church address.

You can also print order forms from our web site and mail to the the church's address.



Your Life's Journey

If you do not have a personal relationship with God, why not change that today? The Bible clearly lays out the way to the Father. First, admit you are a sinner. If we are sincerely honest, from losing our tempers to blaming others for our own problems, we all fall short. God's Word says in Romans 3:23 "*For all have sinned and fall short of the glory of God.*" Second, believe God sent his son Jesus, who died, was buried and rose again so that our sin could be forgiven. As it is written in the scriptures

in Romans 5:8 "*But God demonstrates His own love toward us, in that while we were yet sinners, Christ died for us.*" Finally, receive Jesus Christ as your Lord and Savior and the reassurance of going to heaven when you die. The Bible tells us in John 3:16, "*For God so loved the world, that he gave his only begotten Son, that whoever believes in Him should not perish, but have eternal life*". Try something amazing; replace the word whoso- ever in the previous verse with your name. It's a fact, Jesus died for you; invite Him into your life today

if you haven't already, and be ready to experience God, like never before in your *life's journey*.

Check Us Out on the Web
www.benjaminministries.org

Check often as we are still building the site.

For counseling services call the church office at;
585-889-3220

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God wants to play a vital part in your life.